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PENANG

DSA Swimming Club finish the year with First Runner Up spot

3 Meet Records and 21 Golds for DSA at 41st President Cup Meet



PUSAT Akuatik Darul Ehsan (PADE), Shah Alam was the location for the 41st National Inter-Club Swimming Championships for the President's Cup held on December 20-22, the last event of the Malaysian Swimming Calendar for 2024. As always being the most awaited inter-club Meet of the year, excitement ruled high for the 3 days as swimmers of all clubs and schools gave it their best.

DSA Swimming Clubs participated in the Meet with a large team of 220 swimmers across the 4 Groups and made a brilliant display of athleticism and swimming prowess finishing at the **First Runner Up** position. The Clubs had rewritten 3 new Meet Records and secured 21 Golds with a total of 74 medals.

Wong Shi Qi created a new **Meet Record** in the Girls 19 & Over 100 LC Meter Freestyle event and also won the **Most Valuable Swimmer Award for Female Open Age Group** while **Hyeonjoong Kil** added his name to the record books in the Boys 16-18 100 LC Meter Freestyle event. The third Meet Record came from

the quartet of **Dylan Ong Guan Khye, Elsa Eow Yeng Yii, Louise Lee and Yap Yong Jie** in the Mixed 16-18 4x50 LC Meter Freestyle Relay event.

Seungmin Woo from Group 2 was outstanding at his events collecting a total of 5 Golds and also taking the title of the **Most Valuable Swimmer Award for Male Group 2**. Other stars were **Joseph Chan Kai Xiang, Wong Shi Qi, Hyeonjoong Kil** who won 2 Golds

The year 2024 was packed with over 18 Meets and training sessions that kept the swimmers in peak condition. The unwavering dedication of the DSA coaches has been truly remarkable throughout this demanding yet rewarding journey.

each with their brilliant performance. **Evan Chua Min Hao, Georgene Wee Ee Jern and Charlotte Loke** took home a Gold each for their events. Other top finishers included Shermann Choong Li Sheng, Jeff Chua Yu Yang, Finlay Palmer Kay, Elsa Eow Yeng Yii, Mellissa Nailly Darwin, Yap Ke Hui, Masato Mark Fujimoto, Olivia Seow Cui Ying, Evita Tan Ee Lin and Sean Yep Zhen Him who all contributed to the finally team tally with their inspired performances. The Relay events also saw some great performances and plenty of medals apart from the record-breaking win.

As the President Cup Meet concludes, the swimmers, parents, and coaches can finally enjoy a well-deserved break as they transition into the holiday season and wrap up another year of swimming. This year was packed with over 18 Meets and training sessions that kept the swimmers in peak condition. The unwavering dedication of the DSA coaches has been truly remarkable throughout this demanding yet rewarding journey.

Looking ahead, the 2025 swimming calendar kicks off with the Selangor Age Group, AKL Age Group, and Johor Age Group Meets, all set for the near end of January. These events also serve as key qualifying Meets for the MIAG

and Malaysia Open. The entire team of swimmers and coaches is gearing up for the challenges ahead, and they'll need all the support they can get.

A big shoutout to the team for their

incredible efforts this year, and best wishes for a successful 2025.

A detailed view of the medal tally can be downloaded from the DSA Swim Team blogsite at www.dsaswimteam.com.



14 New Meet Records by DSA Swimmers

DSA Swimming Club finish as 1st Runner Up in SportExcel Grand Final Circuit



THE SportExcel/MILO/NSC/MAS Swimming Circuit – Grand Final 2024 was held on October 11-13 at the National Aquatic Centre in Bukit Jalil. The 3-day swimming championship which was the concluding part of 3 Leg series for young swimmers drew participation from over 30 swimming clubs all over Malaysia. A total of 117 talented and enthusiastic swimmers from DSA and DSAS Swimming Clubs were eligible to participate based on their performances in the previous 2 Legs of the Circuit held earlier in the year.

DSA Swimming Club finished as Runner-Ups at this Meet and the total medal count for DSA Clubs stood at 60 which included 19 Golds and the additional win of 14 new Meet Records by the spectacular performance of the swimmers from both clubs.

Among the swimmers who left an impressive mark were **Olivia Seow Cui Ying** and **Vitus So Teng Hoe** who was declared Best Boy of the Group 2 Category. Vitus, in the Boys 14-15 years category, set **4 Meet Records**, firmly establishing himself as one of the top young swimmers in the competition. Olivia was equally exceptional, competing in the Girls 12-13 years category, created a staggering **3 Meet Records**, demonstrating her dominance in the pool at such a young age.

Additionally, **Cham Yu Xiang** delivered a stellar performance in the Boys 16-18 years group, where he broke **3 Meet Records** in all three Breaststroke events. His technique and speed were unmatched in these categories, cementing his reputation as

a force to be reckoned with in breaststroke. Another notable record-breaking performance came from **Evan Chua Min Hao**, who set a new benchmark in the Boys Individual Medley, Kang **Zhen Tai** and **Ong Zhi Kheam** also broke a Meet Record in the Boys Breaststroke rounding off the list of record-breakers in their respective Groups. **Kaelyn Chee Wei Yi** was another Record breaker in her Freestyle event, bringing the total number of new records to 14 by the DSA swimmers.

Apart from the record-breaking swims, several competitors secured multiple podium finishes. **Ashley Soh Wern Yi** was one of the stars with a smashing count of 3 Golds, while **Samuel Koek Gelacio**, **Kaelyn Chee Wei Yi** and **Charmaine Hung Yun Wen** were equally impressive in their respective races with one Gold and multiple other medals each adding to the team tally. **Sara Sophia Peeters** added one more Gold in the Senior Girls age group with Backstroke win.

The younger age groups also had their share of talent on display with Hew Bo Yu, Evita Tan Ee Lin, Yap Inn Xuan, Muhammad Haziq Hariz Hazli, Joelle Koo Yu Qing, Pok Sin Yee and Yap Ke

Hui had podium finishes to their credit.

In the older age group, Ryan Ee Tian Aymes, Ng Yean Yu, Emir Danish, Jayden Yap Ee Jen and Yap Yong Jie stood out for their solid performances in the Boys 16-18 years group, all securing podium finishes. Meanwhile, in the Girls 16-18 years category, Chong En Ci and Jamie Chee Zhia Xin made their mark with Silver wins, while Marcus Chong Yung Fatt brought home a Bronze in the Boys 19-30 years 100 Meter Freestyle event.

The second leg of the SPORTEXCEL/MILO/NSC/MAS Swimming Circuit was held on 2nd to 4th August 2024 at Pusat Akuatik Tuanku Zara, Ipoh, Perak. DSA Swimming Club had a large team of 126 swimmers participating in the Meet and it was a great chance for the team to make the trip outside of Kuala Lumpur to Ipoh, Perak.

The swimmers performed exceedingly well at the Meet with many of them gathering the required points to qualify for the final and last leg of the Circuit to be held later in the year. Top performers included DSA's Champion **Evan Chua Min Hao** who created a **new Meet Record** on the 200 Metres Backstroke event along with his 4 Golds. Young **Samuel Koek Gelacio** was the new Champion winning 4 Golds in the Boys 11 years and under category and we will be hearing more about this swimming star in the Meets to come.

Marcus Chong Yung Fatt was another star with 3 Golds in his events while **Vitus So Teng Hoe** took home 2 Golds and both with new Meet Record timings. **Aymes Ryan Ee Tian**, **Ng Yean Yu** and **Julian Lee** also added 2 Golds to the team tally with their big wins while **Cham Yu Xiang** won 2 Golds and created a new **Meet Record** in the 100 Meters Breaststroke. **Ashley Soh Wern Yi** took home the Gold in the 400 Metres Freestyle to bring up the total Golds to 23 for the Swimming Club.

The other podium finishers included Cham Yu Yang, Ethan Chee Wei Jin, Jamie Chee Zhia Xin, Emir Danish, Hew Bo Yu, Charmaine Hung Yun Wen, Hendri James Johan Keeton, Heidi Lim Pei Xin, Neelkantha, Ng Jing Yuen, Ng Yean Yu, Pok Sin Yee, Sophie Maya Leong, Evita Tan Ee Lin, Analey Yap Cai Li, Jayden Yap Ee Jen and Yap Yong Jie.

A detailed view of the medal tally can be downloaded from the DSA Swim Team blogsite at www.dsaswimteam.com. ■



Multiple records at SUKMA 2024 by DSA swimmers



THE Aquatics (swimming & diving) events of the 2024 SUKMA Games, officially known as the 21st SUKMA Games was held between 17-24 August at the Pandelega Rinong Aquatic Centre in Kuching, Sarawak. There were 21 swimmers from DSA who were representing their respective States at the Games for swimming events. After a fabulous display of talent and skill, the DSA swimmers won a total of 17 Golds.

Lim Shun Qi created history by being part of the quartet that created a **National Record** in the **Mixed 4 X 100m Medley Relay** event besides also being part of the Women's 4 X 100m Freestyle Relay quartet which created a new Meet Record for the event. She took home a total of 5 Golds from the National Meet.

DSA Champion and favourite swimmer **Chong Xin Lin** added 4 more Golds to her state team's tally while creating **2 Individual Meet Records** for the Women's 50m Backstroke and Women's 100m Backstroke taking her place as the National Champ of the Backstroke event. She was also part of the Women's 4 X 100m Medley Relay Team which created a new Meet Record in the event. **Charlotte Loke** was another member of the quartet for the same event adding her part in the record-breaking performance. **Wong Shi Qi** and **Shannon Tan Yan Qing** were the other Gold winners in their events among the Women's events.

Among the Men's events, **Jayden Tan Khai Xin** also created a new **Individual Meet Record** in the Men's 400m Individual Medley, while being a part of the record creating quartet for the Men's 4 X 100m Freestyle event. He also won the Gold for the Men's 200m Individual Medley. **Hii Puong Wei** was the other individual Record maker for his dazzling swim in the Men's 200m Backstroke, while also taking the Gold in the Men's 100m Backstroke event.

Other podium finishers who were DSA swimmers representing their states included Georgene Wee Ee Jern, Megan Ho Wei Yan, Annis Hiew Xin Ting, Cham Yu Xiang and Joseph Chan Kai Xiang.

A detailed view of the medal tally can be downloaded from the DSA Swim Team blogsite at www.dsaswimteam.com. ■

DSA's little swimmers shine at Novice Meets



THE 11th Novice Swim Meet 2024 took place at Pusat Akuatik Darul Ehsan in Shah Alam on December 7th and 8th. Designed to nurture budding talent, the meet provides an opportunity for novice swimmers—those who have not competed at the national level or earned individual medals in past State Age Group or Novice Meets—to gain valuable competition experience and build confidence.

DSA Swimming Club had 78 young swimmers, the majority aged 10 or younger trying out their swimming legs for the Meet. The event was an exciting milestone for these young athletes, introducing them to the thrill and camaraderie of competitive swimming.

The young swimmers brought home a total of 40 medals that weekend which included 15 Golds. One of the top stars was young **Kyle Chan Kai Jie**, just 6 years old who won a total of 7 medals and 4 of them being Gold, thereby winning the highest number of medals for the team. **Braydon Ang** in the 10 years old group won 4 Golds while **Sarah Kwong Xin** and **John Park** in the 12 years old group won 2 Golds each. Other Gold winners included **Tee Boon Huan**, **Alynnna Yong Zhang Ya**, **Aiden Zariief** and **Nik Nameera Nadine** with a Gold each for their events.

Podium finishers with Silvers and Bronzes included Tan Ee Zheng, Haziq Rizqi, Brian Chin Ken Nee, Yam Ee Ren, (Elvis) Zhao Zi Ting and Zhu Yin Lai who all displayed their



exceptional skills at such a young age, showing lots of promise for the coming years.

The 10th Novice Swim Meet 2024 was held at the Pusat Akuatik Darul Ehsan, Shah Alam on the 7th and 8th September. DSA Swimming Club had 158 young swimmers participating in the Meet, a majority of them in the tender age of 10 years or less. It was a great time for the children having their experience of competitive swimming and everything that it entails.

The little ones who took the top honours at the Meet included **Mikhail Tsoy** in the Boys 12 years old category who won an amazing 6 Golds in his many events. **Natalie Rae Chiew Zhen Ee** brought home 3 Golds in the 11 year old Girls category while **Zixin(Ella) Hong** won 2 Golds in the Girls 9 year old category. **Tai**

Sze Wei and **Azmi Rahimi Azrul Hafiz** added a Gold each to the team tally in their events. Other podium finishers for DSA Swimming Club included Zhu Yin Lai, Kairen Ham Jun Quan, Kayden Chan Kai De, Kana Iwasaki, Miranda Chiew Han Yin, Mia Lim Jia Yen, Sarah Kwong Xin and Maxwell Owen Tayok who all did their bit to bring the team tally to over 30 medals.



The 9th Novice Swim Meet 2024 was held at the Pusat Akuatik Darul Ehsan, Shah Alam on the 8th and 9th June.

DSA Swimming Club had a total of 106 young swimmers in the foray, most of them first-timers and totally excited at their exposure of competitive swimming. At the end of the second day, the swimmers had collected a total of 26 medals which included 19 Golds. 8 of these were won by **Zhang He Ning** who set the pool blazing with her spectacular swimming performance. **Natalie Rae Chiew Zhen Ee** was the other superstar with her collection of 3 Golds while **Kayden Chan Kai De**, **Shota Izawa** and **Max Lim Jia Jun** won 2 Golds each in their events. **Kana Iwasaki** and **Clifford Yeap Shun Long** added 1 Gold each to the team tally while Zhu Yin Lai, Leon Zuehlke, Danielle Rae Chiew Wern Ee, Lai Jee Qi, Jong Qing Fung, Mia Lim Jia Yen, Lee Nahyun and Shahista Karleesha Shahmi were the others who had podium finishes in the 2-day Meet.

A detailed view of the medal tally can be downloaded from the DSA Swim Team blogsite at www.dsaswimteam.com.

DSA Swimming Clubs create 10 National Records at Short Course Meet

THE 1st MILO/Malaysia Short Course Swimming Championships 2024 was held at the National Aquatic Centre, Bukit Jalil between the 4th to 7th July. The Championships was a Qualifying Meet for the 6th Asian Indoor and martial Art Games 2024 and any other international competitions.

The Meet was open to both Malaysian swimmers and international swimmers living in Malaysia or outside. Sports Schools were also eligible to participate subject to the swimmer eligibility as prescribed.

A total of 26 swimming clubs and 319 swimmers from all over Malaysia participated in the Meet. DSA Swimming Club had 40 swimmers while DSAS Swimming Club had 37 swimmers in the fray for the exciting short course clash of the champions.

At the end of the four-day Meet of thrilling action, DSA Swimming Club claimed the **First Runner Up** position while DSAS Swimming Club stood at the fourth place. DSA swimmers smashed through the competition establishing no less than **10 National Records**.

DSA Champion swimmer **Chong Xin Lin** established **4 National Records** in her events while **Jayden Tan Khai Xin** created **2 National Records** and **Megan Ho** added one more in their events and Golds for DSA Swimming Club. **Phee Jinq En** broke **4 National Records** in her events while winning for DSAS Swimming Club.

DSA Swimmers also won the prestigious awards of the **Most Valuable Male Swimmer (Open)** going to **Jayden Tan Khai Xin** and **Most Valuable Female Swimmer (Open)** going to **Phee Jinq En**. The **Most Valuable Female Swimmer (18 years & under)** was awarded to **Chong Xin Lin**.

The top performers for DSA Swimming Clubs also included **Lim Shun Qi** and **Hii Puong Wei** who won Golds in their events while Cham Yu Xiang, Evan Chua Min Hao, Koh Teck Chen and Welson Sim Wee Sheng were all podium finishers in their respective events and adding medals to their team tally.

A detailed view of the medal tally can be downloaded from the DSA Swim Team blogsite at www.dsaswimteam.com.



Jayden wins big at Splash Meet in Kedah

THE second leg of the MAS/NSC/MILO Splash Swim Series 2024 was held at Pusat Akuatik Negeri Kedah on 22 and 23 November. 21 Swimmers from DSA and DSAS Swimming Clubs travelled to Alor Setar, Capital of the state of Kedah for the Meet. The Meet was conducted and hosted by the Kedah Swimming Association. 482 Swimmers from 45 Swimming Clubs all over Malaysia participated in the Meet which had intense competition for the top spots.

DSA and DSAS Swimming Clubs won a total of 18 Medals which included 7 Golds by **Jayden Yap Ee Jen** who displayed some dazzling skills to bring home the Gold in all his events. **Li Wangyu (Grace)** and **Chong Jia Ying** brought home medals with new Meet Record timings though they could not get the top spots in their events. Other podium finishers included Lee Chi Ning, Chew Juno and Aiman Moosa Rasheed who all added their contributions to the team tally.

A detailed view of the medal tally and full results can be downloaded from the DSA Swim Team blogsite at www.dsaswimteam.com.

Meet Record for young DSA Relay Swimmers

DSA Swimmers finish First Runner Up at Selangor SC Meet



THE 11th Selangor Short Course Sprint Invitational Swimming Championships 2024 was held on 08-10 November at Pusat Akuatik Darul Ehsal in Shah Alam. The Championships are run in the World Aquatics Short-Course Metres (SCM) format and the events will be as Timed Finals of each age group. Both the DSA Swimming Clubs participated in the Meet with a total of 88 young swimmers joining the host of competitors vying for the top spots in the Championship.

DSA Swimming club finished as the **First Runner Up** of the Meet with a Meet Record in the Boys 11 & Under 4x25 SC Meter Freestyle Relay. The team performance was top-notch concluding the Meet with a total of 82 medals which included 20 Golds, 27 Silver and 35 Bronzes.

In the State Swimmers Division, DSA's champion swimmer was little **Anna Maglai** in the Girls 11 years old age group and under with the maximum points and winning the coveted **Most Valuable Swimmer (Girls)** Award. She took home an amazing 10 medals which included 1 Gold, 5 Silvers and 4 Bronzes in

her events. In the Boys 19 years and over age group, **Alexander Quinn C. Angeles** took home the honour of the **Most Valuable Swimmer (Boys)** Award with a total of 4 medals which included 2 Silvers and 2 Bronzes.

Other blazing performers among the State Swimmers, included **Adam Jeffrey Dillon** in the Open category who won an astonishing 4 Golds, while **Cham Yu Xiang** took home 3 Golds in the Group 1 category. **Elsa Eow Yeng Yii**, **Heidi Lim Pei Xin** and **Samuel Koek Gelacio** also took home a Gold each for their wins in their respective groups. Other podium finishers in the State Swimmers division included Shusuke Kobayashi, Theadora Raeesa Joseph, Aiden Tan Yong Jia, Sara Sophia Peeters, Ng Yean Yu and Hyeonjoong Kil who all added many Silvers and Bronzes to the team tally.

In the Novice Swimmers Division, the top performers included **Sean Yep Zhen Him** and **Javan Pun Jin Wen** with 2 Golds and Malika Aminova with 1 Gold in their respective groups. Other podium finishers included Aiden Zariel, Kana Iwasaki, Ibrahim Mukhlis Bin Hadaffi Hanif, Lee Nahyun, Loh Egin and Matthew Jacob Strydom who all brought home much appreciated points to the DSA Team total.

In the Relay events, the Boys in Group 4 (11 years and under) made their marks in the record books with the quartet of **Joshua Tan Ker Jin**, **Lee Kenyi**, **Samuel Koek Gelacio** and **Shusuke Kobayashi** giving a dazzling performance in the 4x25 SC Meter Relay. DSA had podium finishes in 6 other Relay events through the various groups making it a great performance overall by the swimmers.

A detailed view of the medal tally can be downloaded from the DSA Swim Team blogsite at www.dsaswimteam.com.



DSA Water Polo teams blaze through at KL Mini Water Polo Meet



The DSA Water Polo team shone brightly at the 4th Kuala Lumpur 5v5 Mini Water Polo competition! The winning teams included the Boys Under-16 who took the Gold for their category; Boys Under-21 who finished as Silver Medalists. The Womens Under-21 team also finished as the Champions showing remarkable strength and determination in clinching the top spot.

DSA Swimmers in PARA SUKMA XXII



Congratulations to DSA Swimmers Danish Haiqal Ahmad Firdaus who won Gold Medals - (4x100m Mix Freestyle and Freestyle Relay S14) and Kelvin On Kai Bin - (Silver Medal - 100m Freestyle S6) for bringing glory to the team with their remarkable achievements at PARA SUKMA XXII.

IN BRIEF

New National Records at World Cup Meets



DSA Swimmer Chong Xin Lin shattered the National Record in the Women's 100m Backstroke at the World Aquatics Swimming World Cup in Shanghai, 18-24 Oct. 2024.

Huge congratulations also to both Jayden Tan Khai Xin (Men's 400m Individual Medley), and Hii Puong Wei (Men's 200m Individual Medley), for breaking their own National Records at the World Aquatics Swimming World Cup in Singapore, 31 Oct.-2 Nov. 2024.

Heartiest congratulations to Phee Jinq En for setting a new National Record in Women's 50m Breaststroke at the World Aquatics Swimming Championships in Budapest, 10-15 Dec. 2024.

DSA Swimmers in SEA Age Group Meet

DSA swimmers travelled to the 46th SEA Age Group Championships 2024 in Bangkok.

Representing DSA were Neelkantha, Elsa Eow Yeng Yii, Annis Hiew Xin Ting, Evan Chua Min Hao, Evita Tan Ee Lin, Cham Yu Xiang, Megan Ho, Kaelyn Chee Wei Yi, Ng Yean Yu, Vitus So Teng Hoe, Olivia Seow Cui Ying, Shannon Tan Yan Qing and Hew Bo Yu.

DSA Swimmers in ASEAN University Games

Congratulations to DSA's incredible swimmers Phee Jinq En, Jayden Tan, Hii Puong Wei, Georgene Wee, Wong Shi Qi, Lee Yen Yi, and Jerriel Lau, along with dedicated Head Coach Jeffrey Ho, who represented Malaysia at the 21st ASEAN University Games in Surabaya-Malang, Indonesia, 2024.



DSA's New Aquatic Centre opens in Seberang Jaya

DSA's new Aquatic Centre in Seberang Jaya public swimming pool complex and operations is now privatised under D Swim Academy and is their first Swim Centre in the state of Penang.

The facility provides top-notch swimming amenities, with a modern Olympic size pool designed for both leisure and professional training. The academy will offer swimming lessons for all ages, from beginners to advanced swimmers, with certified instructors ensuring a safe and effective learning environment. In addition to the pool, the facility features spanking new changing rooms, seating areas for spectators, and ample parking, making it a great addition to the community. ■

WATER SAFETY PROGRAM

SEPTEMBER 2024 DSA BANDAR RIMBAYU

DSA's swim teachers demonstrated and taught essential water safety skills to the young children at the B40 Water Safety Program in The Club at Rimbayu. ■



NTC x DSA Freestyle Swim Clinic & Training

DSA Swim Team swimmers had the opportunity to experience the invaluable expertise of Singapore National Swim Team Head Coach Gary Tan along with the Singapore NTC Junior team. This swim clinic focused on refining freestyle technique, boosted the skills and inspiring young DSA swimmers.

A heartfelt thank you to Coach Gary, team NTC Jr, DSA coaches and all involved for making this clinic a success. Here's to continuous growth and new heights. ■



AUSTSWIM courses presented by Robyn Larkham

Congratulations to the amazing participants of the AUSTSWIM Teacher of Swimming and Water Safety (TSW) course held on July 12, 2024, at DSA D Swim Academy, Bukit Jalil National Aquatic Centre, Malaysia under the guidance of Trainer Robyn Larkham.

Robyn is recognized for her dedication to improving water safety and swimming instruction, reflecting her commitment

to the field and her exceptional teaching skills. With years of experience and a passion for teaching, Robyn has inspired countless instructors and made a significant impact on the aquatics community. ■

TSW Course July 2024, DSA Bukit Jalil



DSA wins ASSA and BabyTalk Awards for two consecutive years

DSA is being recognized consecutively both by international and national organisations for their dedication and commitment to the development of swim education and water safety.

DSA was awarded the International Swim School Award for 2024 by the Australian Swim Schools Association (ASSA) for the second consecutive year! Thank you to all team



members and partners for being an essential part of our mission to promote outstanding swimming education worldwide!

DSA also won the Readers' Choice

Diamond Award for the Best Swim School at the Baby Talk Awards again for the 7th time ! This achievement is a testament to the trust and continuous support of the Malaysian community. ■

Early Childhood Education Expo 2024

WHAT an incredible experience at the Early Childhood Education Expo 2024! It was a pleasure connecting with parents and sharing how our Learn to Swim program empowers young swimmers with essential skills, confidence, and a love for the water. ■



DSA X TWO CARE: Supporting Stronger, Healthier Swimmers!



MoU signing marks the beginning of a fantastic journey to prioritize the health and well-being of our swimmers.

As part of this partnership, DSA swimmers can now enjoy exclusive specials on chiropractic and physiotherapy treatments at Two Care! Whether you're recovering from an injury, looking to enhance your performance, or just want to keep your body in top shape, Two Care expert team has you covered. Together, we're training champions in the pool and building stronger, healthier athletes for life! ■

DSA has signed an exciting collaboration with Two Care Chiropractic & Physiotherapy Center! This

Team Building Skills Program

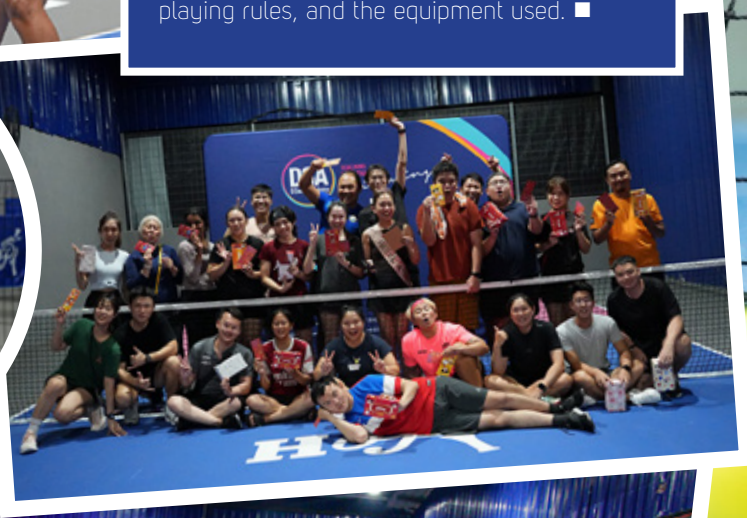
THE D Swim Academy family came together for an unforgettable team building experience guided by The Wolf Trainer, a leading and trusted training provider in Malaysia, specializing in communication skills since 2018.

Through engaging activities and meaningful interactions, we strengthened our bonds, shared our visions, and built our confidence. Our events blend fun with learning to empower each other to lead with assurance. ■

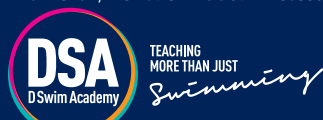


TEAM BUILDING PICKLE BALL FUN

THE team-building activities for the second half of 2024 included a session of Pickleball on the last day of the year. It was a new experience for everyone. Though very similar to lawn tennis, the primary differences between the two sports are the playing dimensions of the courts, service, scoring, and playing rules, and the equipment used. ■



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